



SLIP & FALL INJURIES IN NEW YORK

COMMON INJURIES RESULTING FROM FALLS

01

BROKEN BONES

(such as fractured hips, ankles or wrists)



02

TRAUMATIC BRAIN INJURIES

03

SPINAL CORD INJURIES



04

INTERNAL INJURIES OR ORGAN DAMAGE

05

DEATH



FALL PREVENTION TIPS

- ✓ Make sure your home or workplace is free of clutter, broken flooring, slick surfaces and dim light.
- ✓ Install handrails on stairs, in bathrooms and any other location where one could be prone to falling.
- ✓ If you take medications causing dizziness, make sure you have access to assistance if you should fall.
- ✓ Consult a doctor to determine your fall risk.
- ✓ Check your vision regularly.
- ✓ Do exercises that increase balance.

PEOPLE AT HIGHER RISK FOR FALLS



Older adults.



People taking medications.



People with poor eyesight.



People with weak legs or hips.

SLIP & FALL INJURY? CALL: 212.563.1900



<http://www.kaplanlawyers.com/premises-liability-accidents/slip-and-fall-accidents/>

resources:

<https://www.fitbit.com/weathermap>

<http://www.cdc.gov/homeandrecreationalafety/falls/adultfalls.html>